

Impact of Advancing Technology on Adolescents

Roopa Kaur

Assistant Professor Mata Ganga Khalsa College for Girls Manji Sahib Kottan-141412, Dist. Ludhiana, India

Abstract

Humans have given tremendous inventions in the field of Information and Technology. Although it has given us new way of living in the society but at the same time we are facing acute danger of mental illness in adolescents due to advancing technology. This review paper shows both negative and positive aspects of advancing technology on adolescents.

KEYWORDS: Globalization, Technology, Generation gap, Adolescents, Influence.

I.INTRODUCTION:

The world of work continues to change as the result of rising economic globalization and technological advancements. The modern progress of technology not only has strongly influenced nature, but also has penetrated all fields of social life, with ever increasing impact on society and its life. Technology is fast becoming the existing driving force behind what is often called “generation gap”. Teenagers use the computer more than younger children or adults. We need to determine the impact of excessive computer and internet use on children and adolescent’s loneliness, social relationship, and psychological well-being.

II.BODY OF ARTICLE:

Positive Impact of Advancing Technology on Adolescents

Improved life style- Technology influences the life style of teenagers. Teenagers follow magazines, fashion blog and other media method for fashion inspiration. They groom their body language, way of talking and style. Technology encourages the teenagers to improve their life styles and preferences.

Online Education- Online education does have an impact on the lives of students; online learning can contribute to a gain in self-discipline. Educational goals can be reached by getting an online education. Student’s become more computer savvy from continuously using technology to do research, type assignment and use specific software to complete projects.

Job Search tool- The internet is an excellent online job search tool for teenagers to find job. Teenagers can search different types of jobs through various these job search engines like fresher, monster and job bank,etc. These job search engines are helpful to fill out an application, create a resume and prepare for an interview. It is direct and easy method.

Globalization- When schools in different part of the state, country or world connect, students can “meet” their counterparts through video conferencing without leaving the classroom. Some sites, such as glovico, are used to help students learn foreign language online by pairing a group of students with a teacher from another country.

Providing capacity to adolescents to expand their social circle- Adolescents can communicate with other people through internet chatting, e-mail and video conferencing. For this purpose, different services are provided on the internet such as Yahoo mail, Gmail, Facebook, Twitter and skype, etc.

Negative Impacts of Advanced Technology on Adolescents

Cyber Bullying- Use of social media also creates an opportunity for emotional distress from receiving threatening, harassing or humiliating communication from another teen, called Cyber bullying. It has been shown to cause higher level of deression and anxiety for victims than traditional bullying. The increase in cyber- bullying has also lead to an increase in teen suicide.

Rebellious Attitude – The adolescent are no more children. They should be recognized as younge men and women in the school as well as in the home. Their craving for independence should be satisfied to some extent. They should be given some responsibility. Their sense of independence and responsibility is seldom recognized. The result is rebellion against authority.

Smoking/Tobacco use- Smoking and Tobacco use became a fashion statement in the mid of the last century. This phase was characterized by a large increase in its consumption which was driven by prevalent attitudes and morals. This habit has also been increased in adolescent due to modernization.

Promotes violence- Television has a powerful influence in development value system and shaping behaviour. Unfortunately, much of today’s television programming is violent. Teenagers who watch too much violence and horror gradually accept violence as a way to solve problem.

Mental health problem- Technology creates many health issues among adolescents like depression, anxiety disorder, etc. The more adolescents use technology, more they fall into mental disorder. Adolescents spent so much on playing online games on internet and on mobile phones. It starts an addiction behaviour among teens such as sudden urge to use technology at an inappropriate time during classes, sports and family dinner,etc.

III.CONCLUSION:

With the advancement of technology, it has given a great deal of potential for increasing adolescent’s educational opportunity. But at the same time, it has given rise to mental health problems like smoking, tobacco, depression and anxiety,etc. Technology can be useful tool for educating teenagers if used in the right manner. There is an explosion of knowledge in the field of technology. Thus parents and teachers play an important role and act as a source of information about quality media

that's also good for adolescents to redirect and channelize their younger minds to use the technology in a positive and fruitful manner.

REFERENCES:

1. Brown , B.B. Peer groups and Peer cultures. In S.S. Feldman and G.R. Elliot (Eds.). At the threshold: The developing adolescent. Cambridge, MA: Haward University Press
2. Gautschi, T.F. Time Management: An Attitude or a Displine? Toppi Journal, 71(7).
3. Lakein.A. How to get Control of your Time and Life, Nal Penguin Inc., New York, NY .
4. Mathur, S.S. A Secial Psychological, Agra-Z, Vinod
5. Walia, J.S. Foundations of educational psychology, Paul Publishers, Jallandar 2005